

Richard C. Adelman, Ph.D.
Curriculum Vitae

- Birth: Date - March 10, 1940
Place - Newark, New Jersey, USA
- Marital Status: Married, two children
- Education: A.B.: Chemistry, Kenyon College, Gambier, OH; 1962
M.A.: Chemistry, Temple University, Philadelphia, PA; 1965
Ph.D.: Chemistry, Temple University, Philadelphia, PA; 1967
- Experience: Graduate Research Fellow, Fels Research Institute and Department of Chemistry, Temple University (Research Advisor, Dr. Sidney Weinhouse), Philadelphia PA, 1963-67.
American Cancer Society Postdoctoral Fellow, Department of Molecular Biology, Albert Einstein College of Medicine (Research Advisor, Dr. Bernard Horecker), Bronx NY, 1967-69.
Assistant Professor (1969-73), Associate Professor (1973-79) and Professor (1979-82) of Biochemistry, Fels Research Institute and Department of Biochemistry, School of Medicine; Executive Director (1978-82), Institute on Aging, Temple University, Philadelphia PA.
Director (1982-97), Senior Research Scientist (1982-2000), and Senior Research Scientist Emeritus (2001-present), Institute of Gerontology; Professor of Biological Chemistry with Tenure (1982-2000) and Professor Emeritus of Biological Chemistry (2001-present), School of Medicine; University of Michigan, Ann Arbor, MI.
Director of University Relations, University Living, Inc., Ann Arbor, MI (2001-present)
- Selected Honors and Activities: President, The Gerontological Society of America, 1986-87

Donald P. Kent Award from the Gerontological Society of America for Exemplifying the Highest Standards of Professional Leadership in Gerontology through Teaching, Service, and Interpretation of Gerontology to the Larger Society, 1990

Member, Governing Council, International Association of Gerontology, 1988-91
Chairman, U.S. Department of Veterans Affairs National Advisory Committee on Geriatrics and Gerontology, 1988-91
Member, National Scientific Advisory Council, American Federation for Aging Research, 1988-1995
Member, NIH Pathobiological Chemistry Study Section, 1975-78
Member, NIH Genetics Special Study Section, 1985
Chairman, Veterans Administration Special Study Section on the Biology of Aging, 1983
Member, NIH (National Institute on Aging) Scientific Review Panel for Geriatrics Research and Training Centers, 1990
Chairman, Gordon Research Conference on the Biology of Aging, 1976
Chairman, Scientific Advisory Board, Nathan W. and Margaret T. Shock Aging Research Foundation, 1989-1999
External Advisory Committee, Aging Research and Education Center, University of Texas at San Antonio Health Sciences Center, 1993-present
Editorial Boards:
Journals of Gerontology, 1976-1996
Mechanisms of Ageing and Development, 1972-88
Experimental Aging Research, 1976-78
Neurobiology of Aging, 1980-81
Experimental Gerontology, 1984-98
Aging, Clinical and Experimental Research, 1989-2000
Established Investigator of the American Heart Association, 1975-78
Medalist Award, Intrascience Research Foundation, 1977
National Academy of Sciences Committee on Animal Models for Research on Aging, Chairman, Subcommittee on Rats, 1978-79
President, Philadelphia Biochemists Club, 1974-75
President, Southeastern Regional (PA) Practitioners in Aging, 1980-82
Board of Directors, Farmington Nursing Home, Farmington Hills, MI, 1984-1988
Member, Grants Advisory Panel, Blue Cross Blue Shield of Michigan Foundation, 1990-present
Board of Directors, Lantis Enterprises, Inc., Spearfish, SD, 1996-2000
Other Professional Society Memberships:
American Society for Biochemistry and Molecular Biology
American Chemical Society
American Association for the Advancement of Science

External Grant Support:

Past: Continuous grant support as PI for Research Projects, Program Projects and/or Institutional Research Training Programs, 1970-2000
Administration on Aging (DHHS) as PI for Long Term Care Gerontology Center
Health Resources and Services Administration (DHHS) as PI for Geriatrics Education Center
American Federation for Aging Research as PI for Research Project
NIH, Geriatrics Research and Training Center, to direct Research Development Core (PI, Jeffrey Halter)
Dana Foundation, Clinical Research Training in Geriatrics (PI, Jeffrey Halter)
NIH, PI, Multidisciplinary Research Training in Gerontology, 1985-1995; stipends and related expenses for 6 pre-doctoral and 9 postdoctoral fellows per year
NIH, Nathan Shock Center for Research on the Biology of Aging, to direct Research Development Core (PI, John Faulkner)

UM Advisory and Executive Committees:

Center for Human Growth and Development
Institute for Social Research, National Archive for Data on Aging
Medical School Taskforce on Development of Center of Excellence in Geriatrics
School of Medicine, Department of Internal Medicine, Division of Geriatric Medicine Clinical Research Training
School of Public Health Research Training in Public Health and Aging
School of Nursing Teaching Nursing Home Development Project
Mental Health Research Institute
Population Studies Center
Ann Arbor Veterans Administration Medical Center, Geriatrics Research Education and Clinical Center
Alzheimer's Disease Research Center
Operating Committee, Older Americans Independence Center
OVPR Research Excellence and VCM Advisory Committee

Publications (not including abstracts)

Research Articles in Refereed Journals

Spolter, P.D., Adelman, R.C., and Weinhouse, S., Distinctive Properties of Native and Carboxypeptidase-Treated Aldolases of Rabbit Muscle and Liver, *J. Biol. Chem.* 240, 1327-1337, 1965.

Adelman, R.C., Spolter, P.D., and Weinhouse, S., Dietary and Hormonal Regulation of Enzymes of Fructose Metabolism in Rat Liver, *J. Biol. Chem.* 241, 5467-5472, 1966.

Adelman, R.C., Ballard, F.J., and Weinhouse, S., Purification and Properties of Rat Liver Fructokinase, *J. Biol. Chem.* 242, 3360-3365, 1967.

Adelman, R.C., Ballard, F.J., and Weinhouse, S., Fructokinase, Triokinase, and Aldolase in Liver Tumors of the Rat, *Cancer Research* 17, 2408-2413, 1967.

Adelman, R.C., Lo, C.-H., and Weinhouse, S., Dietary and Hormonal Effects on Adenosine Triphosphate: Adenosine Monophosphate Phosphotransferase Activity in Rat Liver, *J. Biol. Chem.* 243, 2538-2544, 1968.

Farina, F.A., Adelman, R.C., Lo, C.-H., Morris, H.P., and Weinhouse, S., Metabolic Regulation and Enzyme Alteration in the Morris Hepatomas, *Cancer Research* 18, 1897-1900, 1968.

Adelman, R.C., Morse, D.E., Chan, W., and Horecker, B.L., Evidence for a Substrate-Mediated Change in Conformation of Rabbit Muscle Aldolase, *Arch. Biochem. Biophys.* 126, 343-352, 1968.

Adelman, R.C. and Lacko, A.G., The Inhibition of Bovine Pancreatic Carboxypeptidase A by Dihydroxyacetone Phosphate, *Biochem. Biophys. Res. Commun.* 33, 596-601, 1968.

Adelman, R.C., Brox, L.W., and Krulwich, T.A., The Preparation of Radioactive L-Glyceraldehyde 3-Phosphate, *Anal. Biochem.* 32, 258-262, 1969.

Brox, L.W., Lacko, A.G., Gracey, R.W., Adelman, R.C., and Horecker, B.L., Muscle Type Aldolase Isolated from a Liver Tumor, *Biochem. Biophys. Res. Commun.* 36, 994-998, 1969.

Horecker, B.L., Gracey, R.W., Lacko, A.G., Davis, L., and Adelman, R.C., The Function of C-Terminal Residues in Aldolase, *Proc. Natl. Acad. Sci.* 63, 227-228, 1969.

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- Adelman, R.C., An Age-Dependent Modification of Enzyme Regulation, *J. Biol. Chem.* 245, 1032-1035, 1970.
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- Adelman, R.C., Reappraisal of Biological Aging, *Nature* 228, 1095-1096, 1970.
- Adelman, R.C., Age-Dependent Effects in Enzyme Induction - A Biochemical Expression of Aging, *Exper. Gerontol.* 6, 75-87, 1971.
- Adelman, R.C., A Possible Role for Pituitary Function in the Age-Dependent Regulation of Hepatic Tyrosine Aminotransferase Activity, *Biochem. Biophys. Res. Commun.* 43, 814-818, 1971.
- Adelman, R.C., Stein, G., Roth, G.S., and Englander, D., Age-Dependent Regulation of Mammalian DNA Synthesis and Cell Proliferation *In Vivo*, *Mech. Age. Devel.* 9, 49-59, 1972.
- Adelman, R.C., and Freeman, C., Age-Dependent Regulation of Glucokinase and Tyrosine Aminotransferase Activities of Rat Liver *In Vivo* by Adrenal, Pancreatic and Pituitary Hormones, *Endocrinol.* 90, 1551-1560, 1972.
- Adelman, R.C., Control of Fructose-Metabolizing Enzymes, *Acta Med. Scand. Supplement* 542, 47-56, 1972.
- Stein, G., Wang, P.L., and Adelman, R.C., Age-Dependent Changes in the Structure and Function of Mammalian Chromatin, *Exper. Gerontol.* 8, 123-133, 1973.
- Roth, G.S., and Adelman, R.C., Possible Changes in Tissue Sensitivity in the Age-Dependent Stimulation of DNA Synthesis *In Vivo*, *J. Geront.* 28, 298-301, 1973.
- Freeman, C., Karoly, K., and Adelman, R.C., Impairments in Availability of Insulin to Liver *In Vivo* and in Binding of Insulin to Purified Hepatic Plasma Membrane during Aging, *Biochem. Biophys. Res. Commun.* 54, 1573-1580, 1973.
- Adelman, R.C., Hormonal Regulation of Macromolecular Synthesis During Aging, *Les Colloques De l'Institut National de la Sante et de la Recherche Medicale; Molecular and Cellular Mechanisms of Aging, INSERM* 27, 141-152, Paris, 1973.

- Roth, G.S., Karoly, K., Britton, V.J., and Adelman, R.C., Age-Dependent Regulation of Isoproterenol-Stimulated DNA Synthesis in Rat Salivary Gland In Vivo, *Exper. Gerontol.* 9, 1-12, 1974.
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- Adelman, R.C., Impaired Hormonal Regulation of Enzyme Activity During Aging, *Fed. Proc. (FASEB Conference on Biology of Development and Aging)* 34, 179-182, 1975.
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- Klug, T.L., Karoly, K., and Adelman, R.C., Altered Regulation of Pancreatic Glucagon Levels in Rats during Aging, *Biochem. Biophys. Res. Commun.* 89, 907-912, 1979.
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- Sartin, J.L., Chaudhuri, M., Farina, S., and Adelman, R.C., Regulation of Insulin Secretion by Glucose During Aging, *J. Geront.* 41, 30-35, 1986.
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- Adelman, R.C., Cristofalo, V.J., Masoro, E.J., and Roberts, J. The Philadelphia Mafia: Networking in the Development of Biological Gerontology, *Contemporary Gerontology* 8(2) 46-57, 2001.

Adelman, R.C., John Updike's Thought Experiment on Ageism, *Journal of Aging, Humanities and the Arts*, in press.

Book Reviews

Adelman, R.C., An Antidote to Societal and Cultural Distrust of Science (Book Review. *How and Why We Age* by Leonard Hayflick). *The Gerontologist* 35(1): 132-133, 1995.

Adelman, R.C. A View From The Other Side (Book Review. *Toward the End of Time* by John Updike). *SCIENCE* 279 (Feb.6):819, 1998.

Adelman, R.C., John Updike Packing (Book Review. *Endpoint and Other Poems & My Father's Tears and Other Short Stories* by John Updike). *Journal of Aging, Humanities, and the Arts* 4(1): 68-72, 2010.

Authored Books

Adelman, R.C. (2009). *AGING AWAKENINGS: Assisted-Living Residents Teach University Students to Overcome Ageism*. Ann Arbor, Michigan: RC Adelman (Printed by CreateSpace, an Amazon.com Company).

Edited Books

EXPLORATIONS IN AGING, edited by V.J. Cristofalo, J. Roberts, and R.C. Adelman, *ADVANCES IN EXPERIMENTAL MEDICINE AND BIOLOGY*, 61, Plenum Press, 1975.

PHARMACOLOGICAL INTERVENTION IN THE AGING PROCESS, Edited by J. Roberts, R.C. Adelman, and V.J. Cristofalo, *ADVANCES IN EXPERIMENTAL MEDICINE AND BIOLOGY*, 97, Plenum Press, 1978.

DEVELOPMENT OF THE RODENT AS A MODEL SYSTEM OF AGING II (D. Gibson, R.C. Adelman, and C. Finch, editors), DHEW, Book II, 1979.

PLANT SENESCENCE, Uniscience Series on Aging, Co-Editors-in-Chief, R.C. Adelman and G.S. Roth; Vol. ed., K. Thimann; CRC Press, 1980.

BIOCHEMISTRY OF AGING, edited by L. Smith, T.L. Klug, and R.C. Adelman, U.S. Department of Health and Human Sciences, PHS, NIH, 1980.

- IMMUNOLOGICAL TECHNIQUES APPLIED TO AGING RESEARCH, Uniscience Series on Aging, Co-editors-in-chief, R.C. Adelman and G.S. Roth; Vol. editors, W.H. Adler and A.A. Norton, CRC Press, 1981.
- HANDBOOK OF BIOCHEMISTRY OF AGING, CRC Series in Aging, editor-in-chief, R.C. Adelman; Biol. Sect. ed., R.C. Adelman; Vol. ed., J. Florini, CRC Press, Boca Raton, FL, 1981.
- HANDBOOK OF PHYSIOLOGY OF AGING, CRC Series in Aging, editor-in-chief, R.C. Adelman; Biol. Sect. ed., R.C. Adelman; Vol. ed., E.J. Masoro, CRC Press, Boca Raton, FL, 1981.
- HANDBOOK OF IMMUNOLOGY OF AGING, CRC Series in Aging, editor-in-chief, R.C. Adelman; Biol. Sect. ed., R.C. Adelman; Vol. editors, M.M.B. Kay and T. Makinodan, CRC Press, Boca Raton, FL, 1981.
- CURRENT TRENDS IN MORPHOLOGICAL TECHNIQUES, Vol. 1, Uniscience Series on Aging, co-editors-in-chief, R.C. Adelman and G.S. Roth; Vol. ed., J.E. Johnson, CRC Press, Boca Raton, FL, 1981.
- CURRENT TRENDS IN MORPHOLOGICAL TECHNIQUES, Vol. 2, Uniscience Series on Aging, co-editors-in-chief, R.C. Adelman and G.S. Roth; Vol. ed., J.E. Johnson, CRC Press, Boca Raton, FL, 1981.
- CURRENT TRENDS IN MORPHOLOGICAL TECHNIQUES, Vol. 3, Uniscience Series on Aging, co-editors-in-chief, R.C. Adelman and G.S. Roth; Vol. ed., J.E. Johnson, CRC Press, Boca Raton, FL, 1981.
- ENDOCRINE AND NEUROENDOCRINE MECHANISMS OF AGING, CRC Series in Aging, Vol. editors, R.C. Adelman and G.S. Roth, co-editors-in-chief, R.C. Adelman and G.S. Roth, CRC Press, Inc., Boca Raton, FL 1982.
- ALCOHOLISM AND AGING: ADVANCES IN RESEARCH, CRC Series in Aging, Vol. editors, W.G. Wood and M.F. Elias; co-editors-in-chief, R.C. Adelman and G.S. Roth, CRC Press, Inc., Boca Raton, FL, 1982.
- TESTING THE THEORIES OF AGING, CRC Series in Aging, Vol. editors, R.C. Adelman and G.S. Roth; co-editors-in-chief, R.C. Adelman and G.S. Roth, CRC Press, Inc., Boca Raton, FL, 1982.
- NUTRITIONAL APPROACHES TO AGING RESEARCH, CRC Series in Aging, Vol. ed., G.B. Moment; co-editors-in-chief, R.C. Adelman and G.S. Roth, CRC Press, Inc., Boca Raton, FL, 1982.

- NEURAL REGULATORY MECHANISMS DURING AGING, *Modern Aging Research Series Vol. 1*, Vol. editors, R.C. Adelman, et al.; Series Editors, R.C. Adelman, J. Roberts, G.T. Baker, V.J. Cristofalo; Alan R. Liss, Inc., New York, 1982.
- AGING AND HUMAN VISUAL FUNCTION, Modern Aging Research Series Vol. 2, Vol. editors, R. Sekuler, et al.; Series Editors, R.C. Adelman, J. Roberts, G.T. Baker, V.J. Cristofalo; Alan R. Liss, Inc., New York, 1982.
- HANDBOOK ON PHARMACOLOGY OF AGING, *CRC Series in Aging*, editors-in-chief, R.C. Adelman and G.S. Roth; Biol. Sect. ed., R.C. Adelman; Vol. editors, J. Roberts and P. Goldberg, CRC Press, Boca Raton, FL, 1983.
- ALTERED PROTEINS AND AGING, *CRC Series in Aging*, Vol. editors, R.C. Adelman and G.S. Roth, editors, editors-in-chief, R.C. Adelman and G.S. Roth, CRC Press, Inc., Boca Raton, FL, 1983.
- INTERVENTION IN THE AGING PROCESS, PART A: QUANTITATION, EPIDEMIOLOGY, AND CLINICAL RESEARCH, W. Regelson and F.M. Sinex, Vol. editors, R.C. Adelman, J. Roberts, G.T. Baker, and V.J. Cristofalo, Series Editors, Modern Aging Research Vol. 3A, Alan R. Liss, Inc., New York, 1983.
- INTERVENTION IN THE AGING PROCESS, PART B: BASIC RESEARCH AND PRECLINICAL SCREENING, W. Regelson and F.M. Sinex, Vol. editors, R.C. Adelman, J. Roberts, G.T. Baker, and V.J. Cristofalo, Series Editors, Modern Aging Research Vol. 3B, Alan R. Liss, Inc., New York, 1983.
- COMPARATIVE PATHOBIOLOGY OF MAJOR AGE-RELATED DISEASES: CURRENT STATUS AND RESEARCH FRONTIERS, D.G. Scarpelli and G. Migaki, Vol. editors; R.C. Adelman, J. Roberts, G.T. Baker, and V.J. Cristofalo, Series Editors, Modern Aging Research Vol. 4, Alan R. Liss, Inc., New York, 1984.
- SENILE DEMENTIA: OUTLOOK FOR THE FUTURE. J. Wertheimer and M. Marois, Vol. editors; R.C. Adelman, J. Roberts, G.T. Baker, and V.J. Cristofalo, Series Editors; Modern Aging Research Vol. 5, Alan R. Liss, Inc., New York, 1984.
- ALTERED ENDOCRINE STATUS DURING AGING. R.C. Adelman, J. Roberts, G.T. Baker, and V.J. Cristofalo, Volume and Series Editors, Modern Aging Research Vol. 6, Alan R. Liss, Inc., New York, 1984.
- INVERTEBRATE MODELS IN AGING RESEARCH. *CRC Series in Aging*, Vol. Editors, D.H. Mitchell and T.E. Johnson, Editors-in-Chief, R.C. Adelman and G.S. Roth, CRC Press, Inc., Boca Raton, FL, 1984.

HANDBOOK OF CELL BIOLOGY OF AGING, CRC Series in Aging, editor-in-chief, R.C. Adelman; Biol. Sect. ed., R.C. Adelman; Vol. ed., V.J. Cristofalo, CRC Press, Boca Raton, FL, 1985.

HANDBOOK OF THE BIOLOGY OF AGING. C.E. Finch and E.L. Schneider, Editors, R.C. Adelman, G.M. Martin and E.J. Masoro, Assoc. Editors, Van Nostrand Reinhold Co., New York, 1985.

MODIFICATIONS OF PROTEINS DURING AGING. R.C. Adelman and E.E. Dekker, Vol. editors; R.C. Adelman, J. Roberts, G.T. Baker, and V.J. Cristofalo, Series Editors; Modern Aging Research, Vol. 7, Alan R. Liss, Inc., New York, 1985.

FREE RADICALS, AGING, AND DEGENERATIVE DISEASES. J.E. Johnson, Jr., R. Walford, D. Harman, J. Miquel, Vol. editors; R.C. Adelman, J. Roberts, G.T. Baker, and V.J. Cristofalo, Series Editors; Modern Aging Research Vol. 8, Alan R. Liss, Inc., New York, 1986.

PROTEIN METABOLISM IN AGING. H.L. Segal, M. Rothstein and E. Bergamini, Vol. Editors; R.C. Adelman, J. Roberts, G. T. Baker III, and V. J. Cristofalo Series Editors; Modern Aging Research Vol. 9, Wiley-Liss, New York, 1990.

ANNUAL REVIEW OF GERONTOLOGY AND GERIATRICS, Cristofalo, V.J., and Adelman, R.C., vol. eds., Volume 21: Modern Topics in the Biology of Aging, K. Warner Schaie, series ed., Springer Publishing Company, New York, 2001.

Book Chapters

Spolter, P.D., Adelman, R.C., DiPietro, D.L., and Weinhouse, S., Fructose Metabolism and Kinetic Properties of Rabbit Liver Aldolase, *Advances in Enzyme Regulation* (G. Weber, ed.) 3, 79-89, 1965.

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Adelman, R.C., Freeman, C., and Rotenberg, S., Neuroendocrine Control of Hepatic Enzyme Activity, *Progress in Brain Research* (D.H. Ford, ed.) 40, 510-516, 1973.

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